(b) an IFR Flight outside controlled airspace or a DVFR flight shall report

(i) over the last reporting point on the route of flight prior to entering the SIZ its position, altitude, time and estimated

time of arrival over its next reporting point, or

(ii) if it is impossible to make the report and estimate referred to in subparagraph (i), it shall report its altitude and estimated time and place of penetration at least 15 minutes prior to penetrating the SIZ.

- 9. If it is impossible to make the report and estimate required by paragraph (b) of section 8, an aircraft shall be operated for at least five minutes at an indicated airspeed of 110 knots and shall,
 - (a) when penetrating the eastern or western SIZ southbound maintain a route between 170° true and 190° true, or
 - (b) when penetrating the Hope SIZ westbound maintain a route between 230° true and 250° true.

PART IV

Mid Canada Identification Zone Rules

- 10. The pilot-in-command of an aircraft departing from a location which has facilities for the immediate transmission of flight plans to an appropriate air traffic control unit shall
 - (a) file an IFR or DVFR flight plan for any flight which will operate within or penetrate the MIDIZ southbound,
 - (b) include in such flight plan the estimated time and place of MIDIZ penetration where applicable,
 - (c) establish radio contact with a MIDIZ beacon at least 5 minutes before penetrating the MIDIZ southbound or immediately after take-off from within the MIDIZ and make a position report, and
 - (d) obtain authorization before proceeding with the flight.
- 11. For a flight which will penetrate the MIDIZ southbound or operate within the MIDIZ, the pilot-in-command, when departing from a location which does not have facilities for the immediate transmission of flight plans to an appropriate air traffic control unit, shall
 - (a) land at a location which has facilities for the immediate transmission of flight plans to an appropriate air traffic control unit or MIDIZ beacon and proceed in accordance with section 10, or
 - (b) establish radio contact with a MIDIZ beacon, at least 5 minutes before penetrating the MIDIZ southbound or immediately after take-off from within the MIDIZ, and
 - (i) file an IFR or DVFR flight plan, and
 - (ii) request visual identification and in accordance with instructions proceed to the nearest MIDIZ beacon and circle the beacon VFR at an altitude not exceeding 4000 feet above terrain until an authorization is obtained from the MIDIZ beacon to proceed with the flight.