with such emergency, the pilot-in-command of the air-craft shall inform the appropriate air traffic control unit of the deviation and, if necessary, obtain an amended clearance.

- 553. (1) Subject to subsection (2), no aircraft shall be flown in accordance with the instrument flight rules within controlled airspace unless a continuous listening watch is maintained on the appropriate radio frequency of the air traffic control unit concerned and two-way communication is established therewith.
- (2) If unable to maintain two-way radio communication as required by subsection (1), the pilot-in-command of the aircraft shall comply with such alternative procedures as may be directed by the Minister.
- 554. (1) During IFR flight, position reports to the appropriate air traffic control unit shall be made over such reporting points as are designated by the Minister and over such other reporting points as are specified by the appropriate air traffic control unit; in the absence of reporting points designated by the Minister, position reports to the air traffic control unit shall be made at such intervals and at such locations as are specified by such unit.
- (2) All position reports required by subsection (1) shall contain such information and shall be made in such manner as may be directed by the Minister.
- 555. IFR flights shall be made at the following cruising altitudes:
 - (a) within controlled airspace, at an altitude approved by the appropriate air traffic control unit; and
 - (b) elsewhere, subject to this Part, at such altitude above sea level appropriate to the magnetic track as may be directed by the Minister.
- 556. The pilot-in-command of an aircraft making an IFR flight for which a flight plan has been submitted shall report his arrival to the appropriate air traffic control unit as soon as possible after landing.