

TABLE 5.—Food consumption levels per person per day, in terms of calorie, protein, and fat content, by country, 1958—Continued

Country	Calories	Protein				Fat
		Animal	Pulse	Other	Total	
	Number	Grams	Grams	Grams	Grams	Grams
Latin America—Continued						
Uruguay.....	2,945	59	1	50	110	118
Venezuela.....	2,255	18	9	29	56	48
Canada.....	3,080	62	2	30	94	138
United States.....	3,220	66	5	26	97	149
Western Europe:						
Austria.....	3,010	41	1	33	75	109
Belgium.....	2,890	42	1	33	76	112
Denmark.....	3,255	55	1	32	88	139
Finland.....	3,110	46	1	37	84	115
France.....	3,015	48	2	37	87	108
Germany, West.....	2,935	42	1	31	74	124
Greece.....	2,600	22	6	47	75	73
Ireland.....	3,375	46	1	42	89	112
Italy.....	2,755	27	5	46	78	73
Netherlands.....	2,895	43	1	28	72	119
Norway.....	3,180	43	1	33	77	131
Portugal.....	2,485	20	5	40	65	72
Spain.....	2,565	23	7	42	72	79
Sweden.....	2,935	50	1	26	77	124
Switzerland.....	3,040	50	1	31	82	110
United Kingdom.....	3,200	56	2	27	85	128
Eastern Europe:						
Bulgaria.....	2,780	20	6	63	89	61
Czechoslovakia.....	3,010	26	1	41	68	95
Germany, East.....	2,950	35	1	36	72	112
Hungary.....	2,925	26	3	42	71	85
Poland.....	3,100	35	1	43	79	97
Rumania.....	2,790	18	3	51	72	57
Soviet Union.....	2,985	26	3	63	92	70
Yugoslavia.....	2,770	24	5	59	88	60
Africa: ¹						
Algeria.....	2,230	15	5	39	59	28
Angola.....	2,215	8	17	31	56	44
Belgian Congo and Ruanda-Urundi.....	2,650	7	15	27	49	37
Cameroun.....	2,470	5	7	39	51	51
Egypt.....	2,340	12	51	51	70	45
Ethiopia.....	2,295	16	18	42	76	48
French Equatorial Africa.....	2,575	7	10	39	56	62
French West Africa, excluding Guinea.....	2,450	5	8	46	59	27
Ghana.....	2,605	9	5	37	51	52
Guinea.....	2,400	4	10	33	47	60
Kenya.....	2,240	13	6	45	64	37
Liberia.....	2,540	3	3	36	42	55
Libya.....	2,180	8	7	41	56	38
Morocco.....	2,480	17	1	54	72	30
Nigeria and British Cameroons.....	2,680	6	9	45	60	49
Rhodesia and Nyasaland, Federation of.....	2,500	12	13	51	76	46
Sudan.....	2,295	16	9	41	66	51
Tanganyika.....	2,175	9	14	41	64	26
Togo.....	2,645	4	10	34	48	65
Tunisia.....	2,170	15	4	48	67	27
Union of South Africa.....	2,620	24	3	47	74	73
West Asia:						
Iran.....	2,040	13	4	45	62	30
Iraq.....	2,255	15	7	52	74	38
Israel.....	2,715	30	3	46	79	76
Jordan.....	2,085	8	10	45	63	37
Lebanon.....	2,415	14	3	55	72	46
Syria.....	2,255	11	4	50	65	40
Turkey.....	2,650	12	6	66	84	45
Far East:						
Burma.....	2,150	10	7	34	51	26
Ceylon.....	2,060	8	4	34	46	59
India.....	2,050	6	15	36	57	34
Indonesia.....	2,125	4	10	34	48	38
Japan.....	2,310	13	11	42	66	23
Korea, South.....	2,040	11	10	39	60	19
Malaya.....	2,290	11	5	35	51	40
Pakistan.....	2,030	10	8	36	54	20
Philippines.....	2,145	15	4	37	56	39
Taiwan.....	2,340	12	12	36	60	37
Thailand.....	2,185	12	4	29	45	35
Communist Asia.....	2,200	6	15	44	65	32
Oceania.....	3,210	67	5	31	103	136

¹ Names and frontiers as they generally existed in 1958.

Source: U.S. Department of Agriculture.