ficiency of, aeronautical telecommunications, and in particular emission shall not be made except as follows:

(a) emissions of the class and frequency for the time being in use, in accordance with general international aeronautical practice, in the airspace in which the aircraft is flying;

(b) distress, urgency and safety messages and signals, in accordance with general international aeronautical practice;

(c) messages and signals relating to the flight of the aircraft in accordance with general international aeronautical practice;

(d) such public correspondence messages as may be permitted by or under the aircraft radio station license referred to in paragraph (1) of this Regulation.

(4) In every aircraft which is equipped with radio communication apparatus a telecommunication log book shall be kept in which the following entries shall be made-

(a) the identification of the aircraft radio station:

(b) the date and time of the beginning and end of every radio watch maintained in the aircraft and of the frequency on which it was maintained:

(c) the date and time, and particulars of all messages and signals sent or received, including in particular details of any distress traffic sent or received:

(d) particulars of any action taken upon the receipt of a dis-

tress signal or message;

(e) particulars of any failure or interruption of radio com-

munications and the cause thereof.

The flight radio operator maintaining radio watch shall sign the entries in the telecommunication log book indicating the times at which he began and ended the maintenance of such watch.

Provided that a telecommunication log book shall not be required to be kept in respect of communication by radiotelephony with an aeronautical radio station.

(5) The telecommunication log book shall be preserved by the operator of the aircraft until a date six months after the date of the last entry therein.

35. Towing and picking up of persons and articles

(1) Subject to the provisions of this Regulation, an aircraft in flight shall not, by means external to the aircraft, tow any article, or pick up or raise any person, animal or article, unless the certificate of airworthiness or validation in force in respect of that aircraft includes an express provision that the aircraft may be used for that purpose.

(2) An aircraft in flight shall not tow any article, at night or when

flight visibility is less than one mile.

(3) Nothing in this Regulation shall— (a) prohibit the towing in a reasonable manner by an aircraft in flight of any radio aerial, any instrument which is being used for experimental purposes or any signal, apparatus or article required or permitted by or under these Regulations to be towed or displayed by an aircraft in flight;

(b) prohibit the picking up or raising of any person, animal or article in an emergency or for the purpose of saving life.