Quadrants for cruising altitudes (in metres)

Magnetic course			
From 000° to 089°	From 090° to 179°	From 180° to 269°	From 270° to 359°
300 900 1,500 2,150 3,750 3,350 3,950 4,550 5,200 5,800 6,400 7,000	1st Part 450 1,050 1,700 2,300 2,900 3,500 4,100 4,700 5,350 5,960 6,550 7,150 7,750	600 1, 200 1, 850 2, 450 3, 050 3, 650 4, 250 4, 900 5, 500 6, 100 6, 700 7, 900	750 1, 350 2, 000 2, 600 3, 200 3, 800 4, 400 5, 050 6, 250 6, 250 6, 250 7, 450 8, 100
8, 250	8,400 2nd Part	8, 550	8,700
3, 950 5, 200 6, 400 7, 600 8, 850 10, 050 11, 300 12, 500 13, 700 14, 905 etc.	4, 250 5, 500 6, 700 7, 900 9, 150 10, 350 11, 600 12, 800 14, 000 15, 250 etc.	4,550 5,800 7,000 8,250 9,450 10,650 11,900 13,100 14,350 15,500 etc.	4,900 6,100 7,300 8,550 9,750 10,950 12,200 13,400 14,650 15,850 etc.

Art. 96. I.F.R. following V.F.R. A pilot-in-command who makes a flight under V.F.R. and wants to continue under I.F.R. must:

- a) Transmit changes in his flight plan if one has been submitted, or
- b) Otherwise, file a flight plan with the competent air traffic controller if the flight is to be made in controlled airspace, on routes or in regions with a consulting service or in such other parts of the airspace as are designated by the control agency; an authorization must also be obtained from that agency before a flight under instrument rules (I.F.R.) in a controlled airspace may be made.

Section 7. Flight Under Instrument Rules (I.F.R.)

Art. 97. Prohibition. A pilot-in-command may make an instrument flight only when his license includes such qualification duly issued or validated by the chairman of the Aviation Board.

An aircraft may not be flown under instrument flight rules when it is not equipped with the instruments prescribed by the chairman of the Aviation Board and with radio navigation equipment suitable for the route to be followed.

Art. 98. Minimum flight altitude. Except with a special authorization from the chairman of the Aviation Board, and except for landing and takeoffs, instrument flights may not be made at an altitude of less than 500 metres above the highest obstacle located within a radius of 8 kilometers from the aircraft in flight.