

(skilled nursing homes and chronic disease facilities) averages 34.6 each 1,000 persons 65 years of age and older.

1. DESCRIPTION OF FACILITIES

Over the years, the term "nursing home" has been applied to wide variety of nonhospital facilities bearing varying names offering a wide range in service. Among these are nursing nursing home units of hospitals, convalescent and rest homes, for the aged, boarding homes, and county homes. Services ranged from a purely domiciliary type of care to full-time professional nursing service with physical and recreational therapy, psychological care and the services of other medical specialists.

Gradually, however, the definition of a nursing home has tightened to generally exclude the purely domiciliary-type and to represent one which serves convalescing or other patients who are neither acutely ill nor in need of hospital care, but who do require skilled nursing care beyond personal services. The Hill-Burman Act defines a facility for long-term care (including chronic hospitals and skilled nursing homes) as one which provides "nursing service for inpatient care for convalescent or chronic patients who require skilled nursing care and related services."²

(a) *Physical Characteristics*

Until rather recently, a nursing home generally could be described as a large, multistoried house, usually in an older part of the community, which had been converted to a home for elderly persons who were either convalescing or chronically ill. Too frequently, space would be cramped, hallways narrow, elevators lacking, rooms few, and therapy aid nonexistent. Staff might be limited to the nursing home owner—frequently an elderly woman—and a nursing aid or housekeeper-attendant. Many would have practical nurses as their highest nursing-skill level. Homes of this description still exist today in hundreds of communities throughout the country.

A new image of the nursing home has been emerging in recent years. While they approximate a homelike atmosphere to the extent possible, they no longer serve merely as substitutes for private dwellings but are developing as genuine medical institutions. Most of the new facilities are built as wings on community hospitals as separate units on hospital grounds. Most are free-standing and independently operated. As a general rule they are one story, attractive, contemporary design, and planned to serve the needs of the nursing home patient. The nursing units and patient areas may resemble those of a community general hospital. Corridors are wide and bright and permit the passage of wheelchairs. Centrally located recreation rooms and dining rooms are provided. Patient rooms are large enough to allow for movement of patients using wheel chairs, walkers, canes, or crutches, with furniture designed to accommodate the wheel chair patient. Privacy

² U.S. Department of Health, Education, and Welfare, Public Health Service, Division of Medical Facilities, *Public Health Service Regulations—Part 53—Pertaining to the Construction of Hospital and Medical Facilities*, Dec. 29, 1964, p. 2.