

which has been prevalent in this country in the past. Last Thursday I spent 2 hours at the meeting of our study and review committee and this committee is composed entirely of low-income people.

Each low-income member of our board is a member. At this meeting there were also some of our aides, probably about 20 people in all. I asked them to give me their ideas of our programs so that I could present them to you. Here are some of the results.

1. We should be funded for longer periods of time. It is inefficient and wasteful for us to dash into a program for a short period.

2. The established State and Federal agencies have not been able to reach people. We do. We reach their minds and gain their cooperation.

3. Congress and the public are expecting results too quickly. Give us enough time to do a job. Sometimes it would be better not to start, then to start and not finish. It is too disappointing to have it stopped before good results are achieved as promised.

4. People fear that what has been started will revert to established agencies.

5. People say this is the first time they have been asked what their own thoughts and wishes were.

6. We make people want to get off welfare and to improve their position.

7. We are making the community as a whole aware of low income problems.

8. We build people's confidence in themselves. This is through education, GED, job training, and providing opportunities.

9. Women who are not trained or educated can't pay a baby sitter and make ends meet, so they give up.

10. Despite our present high unemployment rate of 8 percent we have a shortage of skilled and semiskilled workers such as welders and so on. We should make job training available locally.

11. We should develop a program encouraging industry to provide job training programs.

12. We have made the mental outlook on life better for many people. We have more people voting and more people participating in community and local problems.

13. Once we get people started it is surprising what they can do for themselves. An ADC mother with a ninth grade education was able to be the acting head teacher for 8 weeks in the Ashland Day Care Center and did an excellent job. She replaced a person with a master's degree.

14. By example and encouragement we make people realize if she can do it, I can.

15. I worked with a mother who was not physically able to work. She was withdrawn and sat within the four walls of her home and never went out. Sometimes she wouldn't even dress all day. She is now a vital active mother, taking good care of her family and interested in the community. It took 3 months to just get her out of the house, and the program was only a 4-month program.

16. I am a good example. I was fat and 40-plus, rejected by my husband and rapidly withdrawing from life. I was encour-