

ECONOMIC OPPORTUNITY ACT AMENDMENTS OF 1967 3275

APPENDIX III—Continued

Name _____ Address _____

WE and T Applicant _____ To be picked up on _____
Participant _____

Dates kept _____ to _____ (one complete month)

INSTRUCTIONS FOR KEEPING THIS BOOKLET

Everytime you buy something, anything, please write down how much you spent for the item in the box next to the name on the item bought.

There are 19 main kinds of purchases in this booklet:

Dairy Products and Eggs
Beer and Liquor
Soft Drinks
Canned Goods
Bakery Goods
Fresh Meat, Fish and Chicken
Mixes, Prepared Foods
Recreation
Tobacco
Clothing
Soaps and Cleaning Supplies
School Lunches
Car Expenses
Frozen Foods
Snacks
Medicine and Cosmetics
Cooking Supplies
Fresh Fruits and Vegetables
Other Expenses

Under each of these main kinds of purchases, there are several possible items. For example, under Dairy Products there are milk, eggs, canned milk, ice cream, cheese and butter. If you buy some eggs, write down the amount spent in the box next to eggs.

If you buy something which is not listed under any main kind, just mark it down under what you think it should be.

The most important thing is to mark down every purchase—but only once.

Thank you.

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