

Dr. ADRIANI. It has phenacetin, a drug that is supposed to produce injury to the kidney. This is a pain relieving drug too. It is a coal tar drug.

Senator LONG. It is a pain relieving drug, but it puts a burden on the kidneys?

Dr. ADRIANI. So they think. There has been a lot of dispute about it. Over a long term usage it might injure the kidney.

Senator LONG. Does it have caffeine in it?

Dr. ADRIANI. It has caffeine in it. This tablet has a half a grain.

Senator LONG. You say that particular capsule has a half a grain?

Dr. ADRIANI. Yes.

Senator LONG. Is that a special APC capsule?

Dr. ADRIANI. No, this is pretty standard formula. It is two and a half grains of aspirin, two and a half grains of phenacetin, and half a grain of caffeine.

Senator LONG. My impression is that the caffeine tends to keep you awake, doesn't it?

Dr. ADRIANI. It tends to stimulate you with the idea that maybe the aspirin and the phenacetin tends to make you drowsy. I have never been convinced that there is any evidence to the effect that these drugs do so. I think if you leave the caffeine out that it would not make any difference.

Senator LONG. Assuming that it stimulates you, if you are getting ready to go to bed at night it would be better to take aspirin than APC?

Dr. ADRIANI. If you are one of those people, people who cannot tolerate caffeine because it keeps them awake. You take two of these and you get a grain of caffeine which would be about what you would find in about three-quarters of a cup of coffee.

Senator LONG. About three-quarters of a cup of coffee?

Dr. ADRIANI. I would say that. I do not remember exactly the caffeine content, but that would vary with the brand of coffee.

Senator LONG. So that is equivalent to about two-thirds of a cup of coffee?

Dr. ADRIANI. Yes.

Senator LONG. If you take a couple of these, then you have got two-thirds of a cup of coffee?

Dr. ADRIANI. You get a stimulant effect from it.

Senator LONG. It might keep you awake?

Dr. ADRIANI. There are people that are kept awake. I think a lot of it is in the mind. Some people can go right to sleep after taking coffee.

Senator LONG. Then it might be good to have both, if you get up in the morning it might be well to take an APC, because if you have a cold a little stimulation might tend—

Dr. ADRIANI. Someone that cannot tolerate coffee, would see this on the label, and would say, "I am not taking that, it has got caffeine in it." I know someone at Charity that cannot take this because the caffeine bothers him. He takes aspirin and something else. I have forgotten what the combination is. I emphasize in my statement, that what we want—what the public and the medical profession should have is full disclosure, all the information you can give. You cannot give too much information.