

Preparing the apprehensive patient for release...

- consider
Valium® (diazepam)
- before and
after

As the big day approaches, her apprehension increases. Your encouragement may be all she needs; but during the hours you don't see her, extra help with Valium® (diazepam) may ease the transition.

As you discuss her plans and prepare the patient for outpatient status, you may be aware of increasing psychic tension underlying her natural excitement about release. In such cases, Valium (diazepam)—in addition to psychotherapeutic support—has often proved valuable in helping the patient through this crucial period of tension-arousing adjustments. More assured and less tense, she may be able to look ahead with confidence.

At the time of release, you are satisfied with her potential for growth, and she seems ready, but you may be concerned about the emotional demands of her new life. Here, again, if psychic tension can threaten a crisis when she's on her own, Valium—in concert with professional therapy—may help her stay calm through difficult situations or encounters.