and as the newer patient progresses in psychotherapy—

to help allay psychic tension... Valium (diazepam) By helping to reduce the psychoneurotic patient's tension to more manageable levels, Valium (diazepam) may improve her ability to explore new experiences and verbalize them with you more freely. Under its calming influence, she often is less inclined to "tune out" whenever scheduled sessions touch upon sensitive issues, and she usually is also better able to communicate her own feelings and opinions. Because she is less distracted by physical and psychic stress, she tends to be more attentive and cooperative, more willing to interact with those about her. Thus, therapeutic sessions can become fruitful more rapidly; the patient's sense of well-being may improve.