

Dr. WYNN. There are, I should think, about half a dozen studies of both carbohydrates, that is to say the glucose abnormalities, and the lipid abnormalities, most of which were summarized in a book published in 1969 under the auspices of Harvard University entitled "Metabolic Effects of Oral Contraceptives and Steroids."

Senator NELSON. Were your studies published?

Dr. WYNN. They were.

Senator NELSON. Do the other studies confirm your data?

Dr. WYNN. In the opinion of the subcommittee responsible for "Second Report on the Oral Contraceptives" the answer to your question is "Yes."

Senator NELSON. Did you look at any of the other studies?

Dr. WYNN. Yes.

Senator NELSON. In your opinion were the results similar?

Dr. WYNN. Yes.

Senator NELSON. Have you read the package insert that is required to be included in the package that goes to the pharmacist or the physician?

Dr. WYNN. Yes.

Senator NELSON. From the standpoint of your studies in the field of metabolism, do the contraindications, warnings, and the indications cover the matters which you would feel ought to be covered?

Dr. WYNN. Well, the position, Mr. Chairman, is that late in December, I think on the 20th of December, I had a conversation with the Food and Drug Administration authorities, and they were good enough to ask me to comment on their package insert which they were then about to modify. Now I know they have modified it, but I have not had an opportunity to see the modified version, but I imagine that they will very substantially have covered the matters raised in my testimony, because they assured me that they intended to do so, and I believe I heard Dr. Hellman say this morning something somewhat similar, but if it is your wish I will try to obtain a copy of this insert and I will let you have it in writing tomorrow morning; my impression of it.

Senator NELSON. All right; I would like to have that whenever you get it with your comments which will be put in the record at the appropriate place.

Dr. WYNN. Certainly.

Senator NELSON. Thank you, Doctor.¹

We have had a number of witnesses testify as to the importance of regular physical exams by those who are taking oral contraceptives. The time spectrum has varied from 2 or 3 months, which was the testimony yesterday of Dr. Laragh. So here is a professional in the cardiovascular field who thought blood pressure should be taken once every 3 months, and he adhered to that position when I raised a question as to whether 6 months was too long. Then we have had other testimony from Dr. Davis, who thought once every 6 months, with among other things a Pap smear and breast examination, and Dr. Kistner and Dr. Hellman all were within that period of 6 to 12 months, as I recall.

¹ This and other supplementary information, when available, will be incorporated in a subsequent volume.