Birth Control Products

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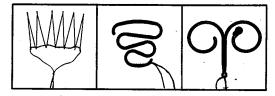
Available only with a Doctor's Prescription

1. Oral Contraceptives

The products for oral contraception approved thus far by the Food and Drug Administration are: C-Quens, Enovid, Enovid-E, Noriday, Norinyl, Norlestrin, Norquen, Oracon, Ortho-Novum, Ortho-Novum SQ, Ovral, Ovulen and Provest. Your doctor will tell you what is best for you.

2. Intrauterine Devices

Intrauterine devices have been given extensive testing and are available to physicians. These devices have been given names which describe their shapes: Spirals, loops, springs, bows and double coils. Three are illustrated below.



3. Diaphragms

Many firms manufacture types of diaphragms suitable for the varying needs of individual patients. Your doctor will prescribe the one best suited to you.

Birth Control Products Not Requiring a Doctor's Prescription

1. Condoms

Quality control is checked by the U.S. Food and Drug Administration: therefore, reliable brands bought at drugstores are acceptable.

2. Jeilles, Creams and Vaginal Foams

All of the products listed in this group have been tested at the Margaret Sanger Research Bureau, New York City, for effectiveness against live human sperm. Products listed first under headings A and B are those which were the strongest in the test tube trials. Products of equal strength are listed under the same number. The difference in sperm-killing ability between products close to each other on the list is not great; but the difference between those at the top and those at the bottom of each list is. In choosing the product that best meets your own special needs, you may wish to try several; ask your doctor for advice. Many of these products are available at your local drugstore: