

Mr. DUFFY. I do not understand that.

Dr. RATNER. That is part of the difficulty here. You do not have difficulty with vaginitis.

Mr. DUFFY. You say 1,122,000 cases of disease involving weight gain?

Dr. RATNER. Say that again?

Mr. DUFFY. You say here weight changes account for 1,122,000 cases of disease.

Dr. RATNER. I am quoting from a study by Westhoff and Ryder. It was directed to what was happening in respect to illnesses among people taking the pill, and they saw fit to list these things. These are not my figures. These are people who are associated with Planned Parenthood. They are working under a grant from the U.S. Public Health Service. They happen to be the official recorders of what is happening at large with the pill.

This is their data, so argue with them. But they saw fit in an article that was published—and I have it here, and I will be happy to show it to you afterwards—in the “Public Health Report” to list these as the complications of the pill.

Mr. DUFFY. They did not call it disease, though, they called it complications. Is that what you say?

Dr. RATNER. Now we are getting into semantics about what you say are complications and what another person says is a disease. I want to make it clear to you that optimum and high-level wellness consists of neither. And I have already said that the goal of American medicine is not simply to prevent disease, it is to promote optimum health. This is what good nutrition is all about, and a lot of other things are all about. And this is what we are concerned about in this country, we are not concerned about making distinctions between disease and complications.

Without enumerating them further, to give you just a notion of the extent of disease conditions that the pill is producing, I say here, because I have added it up, that the last group of individual disease conditions caused by the pill total 6,561,500 disease conditions in 8,500,000 women.

Senator DOLE. You just added everything on page 5 to reach that total?

Dr. RATNER. On the latter half of page 5.

Senator DOLE. What about the upper half?

Dr. RATNER. The upper half, I already gave you those figures when I read them to you; 1,600,000.

Senator DOLE. If you add those to the other, you get over 10 million disease conditions in 8 million women?

Dr. RATNER. Yes.

No, a lot of these are duplicates. You can see they are duplicates. One is headaches and nervousness up above, and the other—

Senator DOLE. You get one credit for headache and credit for being nervous?

Dr. RATNER. These are conditions that are happening in women. It is not one woman for each condition. Some women, unfortunately, have several conditions. They can have pigmentation, they can have