

Animal studies in which certain susceptible strains and species are used and the dosage, excessive and continuous, cannot be transferred exactly to human expectancy. Nevertheless, a warning is there and a so-altered endocrine environment in human tissues might result in an abnormal expression or potentiation of growth.

Recommendations

- 1. The more extensive use of dogs and non-human primates in the animal testing of these drugs.
- 2. To test the presently approved contraceptive pills, if this has not been done, for mammary effects in dogs.
- 3. Encourage research in long-term administration of estrogens and other sex hormones in low and intermediate doses to nonhuman primates.
- 4. Continue the study groups on contraceptive pills in order to obtain more long-term data.

Assure that the patients in those study groups are regularly and adequately examined and tested and that abnormal findings are immediately reported.

- 5. Continue the warning that the contraceptive pills are contraindicated in the presence of genital or breast malignancy and to extend this contraindication to any suspicion of genital or breast malignancy.
- 6. To establish at least two long-term study groups: one on the contraceptive pills and at least one control group. The minimum number in each group should be 20,000 women and the term of study for each group no less than 10 years. These studies must be within a reasonably stable population and geographic area. These are the minimum number required to ascertain a 2x change of genital and breast cancer incidence rates with 5 percent acceptable risk rate.

Table I.—Cervical carcinoma—Initial screening ¹

	Number of women	Number of cancers	Rate per thousand	In situ	Invasive cancers
2 Mayo Clinic, Rochester, Minn.-----	139, 503	987	7. 1	897 (6. 4)	90 (0. 7)
3 Ohio State University, Columbus, Ohio.-----	113, 758	388	3. 4	213 (1. 9)	175 (1. 5)
4 Memphis, Tenn.-----	108, 136	724	6. 7	393 (3. 6)	331 (3. 1)
5 Wisconsin State Laboratory, Madison-----	65, 163	548	8. 4	195 (3. 0)	353 (5. 4)
6 Mecklenburg County, N.C.-----	48, 697	412	8. 5	290 (6. 0)	122 (2. 5)
7 San Diego, Calif.-----	33, 746	336	10. 0	259 (7. 7)	77 (2. 3)
9 Honolulu, Hawaii.-----	24, 182	134	5. 5	51 (2. 1)	83 (3. 4)
10 Strang Clinic.-----	19, 462	48	2. 5	46 (2. 4)	2 (0. 1)
12 Floyd County, Ga.-----	17, 761	84	4. 8	56 (3. 2)	28 (1. 6)
11 Los Angeles, Calif.-----	19, 192	145	7. 6	97 (5. 1)	48 (2. 5)
14 Puerto Rico.-----	8, 435	119	14. 1	67 (7. 9)	52 (6. 2)
8 Metropolitan Hospital, N.Y.—Sedlis-----	27, 226	123	4. 5	71 (2. 6)	52 (1. 9)
15 Tijuana, Mexico.-----	2, 161	51	23. 6	25 (11. 6)	26 (12. 0)
13 Kansas—Hellwig.-----	10, 197	96	9. 4	52 (5. 1)	44 (4. 3)
1 Vancouver, British Columbia.-----	322, 352	2, 156	6. 7	1, 228 (3. 8)	928 (2. 9)
Total-----	959, 971	6, 351	6. 6	3, 940 (4. 0)	2, 411 (2. 6)

¹ Adapted from Day, E, table 4, p. 1193, Clinl. Obst. and Gynec., 4: 1183-1198, 1961, with additions.