

## APPENDIX VIII

[Planned Parenthood-World Population News Release, June 1965]

### MASS ORAL CONTRACEPTIVE STUDY FINDINGS RELEASED

The findings to-date of a large scale, oral contraceptive research project have been announced by Alan F. Guttmacher, M.D., President, and Gordon W. Perkin, M.D., Associate Medical Director, of Planned Parenthood.

The project, known as the "25 Month Club Study", was initiated in 1962 with the full endorsement of the Federal Food and Drug Administration. This massive clinical research program was established to study, and to follow from then on, women who had by then taken an oral ovulation suppressant (Enovid 5 mg.) for two years continuously.

The examinations and data collection programs were performed by 38 selected Planned Parenthood Centers broadly distributed across the United States.

Enrollment for the program began in mid-1963 and terminated in November, 1964, at which time a total of 11,711 women had received their enrollment examinations (generally in their 25th month of medication—thus the popular pseudonym, "25 Month Club"). Thereafter, all enrollees reported on their physical and mental conditions and were re-examined every six months.

It is important to emphasize, Dr. Guttmacher stated, that the intent of this ongoing study is to follow closely women who remain on oral contraceptive medication for extended periods of time. The data do not generally reflect what is to be expected in women who have used the medication less than two years. The women in this study have presently completed over 29,000 years of experience with the medication.

#### TOTAL USE-EXPERIENCE OF ALL ENROLLEES

|                                                            | Total number<br>of women | Total number<br>of months |
|------------------------------------------------------------|--------------------------|---------------------------|
| Initial enrollment exam (25th month).....                  | 11,711                   | 282,553                   |
| First revisit (30th month).....                            | 17,355                   | 46,159                    |
| Second revisit (36th month).....                           | 12,776                   | 17,064                    |
| Third revisit (42d month).....                             | 1,617                    | 3,712                     |
| Total use-experience, in this study, to date (months)..... |                          | 349,488                   |
| Total in terms of woman-years.....                         |                          | 29,124                    |

<sup>1</sup> These are the women who have returned to date, and does not represent dropouts from the study.

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