

be very appropriate right here. In our discussion of the next two sections below and subsequent sections also, we will be expressing our dissatisfaction with, on the one hand, linking the two activities, psychotherapy and counseling, together as a running pair and, secondly, separating them out from the rest of the tools and techniques which are in the armamentarium of a psychologist.

Now, with respect to the definition of psychotherapy that the Psychiatric proposal substitute in place of 3(E), we are perfectly happy to comply with including a definition of psychotherapy. We would suggest what we consider a slightly better one, and that comes from the Licensing Act of the State of North Carolina¹ which is one of the more recent of the 17 or 18 licensing laws which have been passed across the country. Section 2(e) of that Act states:

“Psychotherapy” within the meaning of this Act means the use of learning or other psychological behavioral modification methods in a professional relationship to assist a person or persons to modify feelings, attitudes, and behavior which are intellectually, socially, or emotionally carried or ineffectual.

Mr. HARSHA. Have you copies of your comments?

Dr. CUMMINGS. Yes, I have some rough drafts. We have had very little time, of course to prepare. Would it be appropriate to share with you these copies?

Mr. SISK. Yes. If you have rough drafts that you could pass around to the members, it would give us the opportunity to examine them. We can look up the North Carolina Act. I think the suggestion of the gentleman from Ohio is a good one.

I do not know how far we will get on this. As I say, this is a somewhat informal approach to the legislation. The idea is to try to see if there is a happy medium here.

Dr. CUMMINGS. May I say this is an incomplete working notes sort of thing? If I may have them back, we will take the responsibility of re-typing them and putting them in better form. This is merely a working paper.

I have just read the North Carolina definition of psychotherapy which we would propose to put in as Section 3(E). I do not believe it is materially different from the one which has been suggested, although there may be a difference of opinion on that.

COUNSELING AND PSYCHOTHERAPY

Mr. SISK. Could I ask you to repeat at least for my better understanding? I believe you made some statement in the beginning in the discussion of this particular Section 3(E) that you found some problem in connection with counseling and psychotherapy.

Dr. CUMMINGS. That is correct, sir.

Mr. SISK. Would you explain a little more fully what you mean by that statement?

Dr. CUMMINGS. Certainly.

Incidentally, there are large sections of the notes you have in front of you which deal with this very issue.

¹ North Carolina, Regular Session, Ch. 910, Laws 1967. Senate Bill No. 578, ratified 27 June 1967.